



Diane Jacobowitz
Executive & Artistic Director

45 Fourth Avenue
Brooklyn, NY 11217

Contact Veronica Carnero
718.522.4696
veronica@dancewave.org

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For Immediate Release

**MONDAY MORNING MOMS – A NEW PARENTS DISCUSSION GROUP
FOR MOMS AND DADS OF NEWBORNS UP TO 8 MONTHS –
FIRST SESSION TO TAKE PLACE ON MONDAY APRIL 20TH at 11 A.M.**

March 13, 2009, Brooklyn, NY-**Dancewave** is delighted to announce a new parent discussion and support group for new parents to take place on Monday mornings from 11am to 12pm at the new Dancewave Center, 45 Fourth Avenue (entrance on Dean Street). The group called *Monday Morning Moms* will meet for five Mondays, and will cover a variety of topics including but not limited to sleep issues, breastfeeding vs. bottle feeding, pediatricians, toys, and time off needs for moms/dads as well as a full range of other topics which confront new parents. Parents are asked to bring their babies to the group! The new support and discussion group will be led by longtime child rearing expert **Gaby Greenberg**, who is both a mother and grandmother herself.

Gaby Greenberg has a 23-year history at the **92nd Street Y's Parenting Center** where she has led infant/toddler parenting groups including new parent groups, baby massage, infant/toddler playgroups, and caregiver workshops. She has an educational background that includes study in baby sleep issues, child development, appropriate developmental play, and ways to develop the feeling of empathy in young children. Gaby's special talents include meeting with new parents and "being there" as a non-judgmental resource for both moms and dads as they emerge as more confident and effective parents. The five-session series costs \$90 and interested participants can register by calling Dancewave, emailing veronica@dancewave.org, or sending a check to Dancewave at 45 Fourth Avenue, Brooklyn, NY 11217 (718) 522-4696.

Dancewave is a nonprofit arts and education organization, under the direction of Diane Jacobowitz, which serves the Brooklyn and metro community through dance. Programs include the Dancewave School; Kids Company, Kids II, and Young Movers Ensemble performance training programs; the Dancewave Summer Intensive; and D-Wave In Motion, an arts and education residency program in the New York City public schools. **The Dancewave Center**, a new community center and school, opened at 45 Fourth Avenue in March 2008, and now offers classes for adults, moms, and infants as young as 5 -8 months (in our *Sing and Swing with Baby* classes) in addition to a full roster of dance classes for young children and teens. For further inquiries about Dancewave, *Monday Morning Moms* or any other Dancewave program, please call 718-522-4696 or email info@dancewave.org.



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